

PRE TEST

Name: _____ Date: _____

You will not receive a grade on this test and you cannot pass or fail. This test is designed to help the instructor improve this class and determine if you know more after you have completed this course. Read and answer each question to the best of your ability. **Please only circle one answer per question.**

1. Pregnant women often complain of backaches. A remedy for a backache is:
 - A. Quit complaining and forget about it.
 - B. There's not one.
 - C. Pelvic rocking motion.

2. Two reasons a woman may need a cesarean, or c-section, are (pick one):
 - A. The baby is in breech position; fetal distress.
 - B. The mother is in pain; she wants a c-section.
 - C. The water won't break; the baby is coming head first.

3. Your delivering healthcare provider should be called if:
 - A. You have heartburn.
 - B. Your water has broken or you are experiencing heavy bleeding.
 - C. You need someone to talk to.

4. The postpartum checkup:
 - A. Makes sure the baby is OK and a weight check.
 - B. Is an important examination to make sure you have healed properly and to help with family planning choices.
 - C. Is a family planning appointment only.

5. How close together should your contractions be when coming to the hospital?
 - A. 3 minutes
 - B. 5 minutes
 - C. 10 minutes

6. When timing a contraction for frequency, you should time
 - A. From beginning to beginning
 - B. From beginning to end

7. Pitocin is a drug used for
 - A. Heartburn
 - B. Inducing labor
 - C. Pain relief

8. Electronic fetal monitoring records
 - A. My heartbeat and respirations
 - B. The baby's heartbeat and my contractions
 - C. My heartbeat and my contractions

9. Baby blues is the same as postpartum depression.
 - A. True
 - B. False

10. You can spoil a baby at 3 months, if you hold them when they cry.
 - A. True
 - B. False